

# Brock Trail

Cycling Itinerary



EASY



4KM TO 18KM





# Brock Trail

Explore the delightful Brockville waterfront, downtown and numerous attractions following the Brock Trail. From the handy Henry Street parking lot, besides the Brockville Museum and Hardy Centennial Park, the short ride east will pass the historic Railway Tunnel, now a renown walk-through experience with LED light show, the Aquatarium, Blockhouse Island and a little further east, Centeen Park.

Doubling back, pedal the off-road trail north following Buell's Creek and Brock Trail signs for 13km return. Along the pretty tree lined urban trail experience an abundance of wildlife, planted flowers, greenspace and parks, with many plaques to read and learn more about the city's history. With some in boulevard bike trails, easily ride under Highway 401 and onwards to skirt the large open space surrounding St. Lawrence College and Memorial Park before reaching the trail end at Mac Johnson Wildlife Area. This Cataraqui Region Conservation Area is well known for its wetlands, reservoir, trail system and diversity of plant and animal life, and is worth exploring.

Returning to Downtown Brockville, add to your visit some shopping along King Street or time well spent at a local café, patio or restaurant.

## Route info

### CYCLING ROUTE

4km (3m) to 18km (11m)

### CYCLING IN

South Eastern Ontario,  
Brockville

### EXPERIENCE RATING

Easy, cycle any distance

## Digital maps

[Brock Trail – Cycling  
Itinerary](#)



Thousand Islands National Park



| Legend |                      |
|--------|----------------------|
|        | Limited access       |
|        | Multi-lane highway   |
|        | County road, paved   |
|        | Paved surface        |
|        | Hard surface         |
|        | Loose surface        |
|        | Gravel lane          |
|        | Unmaintained road    |
|        | Rail                 |
|        | Ferry                |
|        | International bridge |

|  |                                      |
|--|--------------------------------------|
|  | Provincial Park                      |
|  | Conservation Area                    |
|  | Parks of the St Lawrence             |
|  | National Park                        |
|  | Municipal parks and recreation areas |
|  | Mountain Bike Trails                 |

|  |   |
|--|---|
|  | Bike Repair Station                             |
|  | Services and features                           |
|  | Hospital  |
|  | Rideau Canal Lockstation, Parks Canada          |
|  | Trent-Severn Waterway Lockstation, Parks Canada |
|  | St. Lawrence Seaway Lockstation                 |
|  | Public beach                                    |
|  | Lighthouse                                      |





## Places to Stop

- Waterfront and parks, Brockville
- Downtown Brockville
- Brockville Museum
- Aquatarium
- 1000 Islands & Seaway Cruises
- Railway Tunnel
- Mac Johnson Wildlife Area
- St Lawrence Park (nearby)

There are a number of options to modify this itinerary:

- Start in alternate locations: Downtown Brockville, Memorial Park, Mac Johnson Wildlife Area
- Ride east for shorter distance, add north section for full experience
- Ride distance that best suits your style
- Follow the Great Lakes Waterfront Trail east and west of Brockville
- Combine this itinerary with other cycling routes nearby Brockville and Prescott

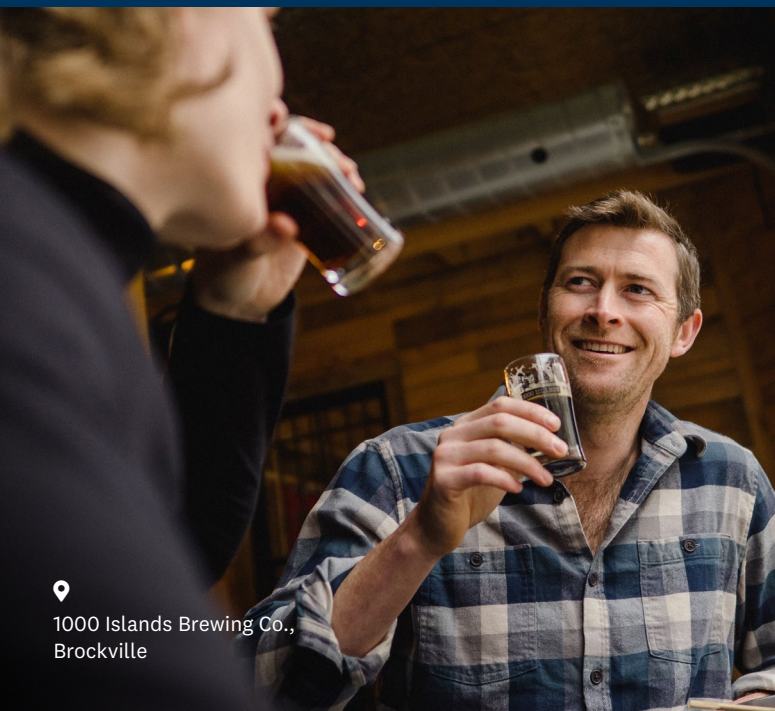


Brockville Railway Tunnel,  
Brockville



**DISTANCE**

**4km (3m) to  
18km (11m)**



1000 Islands Brewing Co.,  
Brockville

## Logistics

### Route

- Trail is mostly paved
- Flat
- Trail is family friendly
- Suitable for all types of bicycles

### Cautions & Notes

- Trail east has some short on road connections
- Trail crossings in urban areas include some busier intersections
- Follow trail signs and in boulevard bike trail on north section

### Park & Start

- Henry Street or other municipal parking lots, Downtown Brockville
- Laurier Boulevard, Memorial Park
- Brockville Memorial Civic Centre
- Centennial Road entrance, Mac Johnson Wildlife Area



# Services

## BROCKVILLE

- Bike rentals: [Brockville Dive & Adventure Centre](#)
- Bike repair station: 525 King Street, St. Lawrence Park
- Accommodations
- Restaurants/café's
- Food/groceries/convenience stores
- Gas stations
- Public washrooms
- Bank ATM
- Shopping
- Attractions



# Information Links

## Visitor Information

South Eastern Ontario website:  
[southeasternontario.ca](https://southeasternontario.ca)

Brockville Tourism:  
[brockvilletourism.com](https://brockvilletourism.com)

## Additional Information

More cycling routes near Brockville:

- Brockville West Mallorytown:  
[ridewithgps.com/routes/46563580](https://ridewithgps.com/routes/46563580)
- Prescott North Cardinal & River:  
[ridewithgps.com/routes/46563589](https://ridewithgps.com/routes/46563589)

Brockville maps:  
[brockville.com/maps](https://brockville.com/maps)

Great Lakes Waterfront Trail maps:  
[waterfronttrail.org](https://waterfronttrail.org)

For cycling routes, maps and certified bicycle friendly places to eat, visit & sleep:  
[ontariobybike.ca/southeasternontario](https://ontariobybike.ca/southeasternontario)

**Disclaimer:** The maps and itineraries have been developed to assist in planning bicycle trips throughout South Eastern Ontario. The majority of routes are on shared roadways and cyclists must use these streets, as well as any trails, with caution. Always wear the proper safety gear when cycling, ride sensibly and abide by all laws. Each route should be evaluated by each individual cyclist based on their level of experience, comfort level in cycling in traffic, weather conditions, time of day, and any road obstacles. South Eastern Ontario and the City of Brockville do not assume any liability whatsoever for cyclists travelling upon these routes.